

### Winding Paths Final Countdown 2019 Results

Place	Time	Name	Last Name	Gender	Club
1	40.54	Carl	Aldridge	M	Launceston Road Runners
2	42.09	peter	monaghan	M	Torbay AAC
3	42.38	Jeremy	Tandy	M	Okehampton RC
4	43.4	Jamie	Watson	M	Lonely Goat Athletics Club
5	44.44	Ewan	Walton	M	Teignbridge Trotters
6	45.25	Oska	Bentley	M	
7	45.32	Amy	Jones	F	South West Road Runners
8	46.29	Jason	Hockridge	M	South West Road Runners
9	48.11	Jeremy	Young	M	
10	48.34	Ed	Shaw	M	South West Road Runners
11	48.48	Samuel	Bairstow	M	
12	49.04	Paul	Owens	M	Barrie Baydogs
13	49.26	Zane	Steers	M	Dawlish Coasters
14	50.18	John	Holland	M	
15	50.43	Robert	Lay	M	
16	50.48	Jack	Sealey	M	
17	51.03	Max	Conroy	M	Teignbridge Trotters
18	51.12	Tim	Frost	M	
19	51.29	James	Saunders	M	Teignbridge Trotters
20	51.36	Andy	Johnson	M	Dawlish Coasters
21	51.47	Danny	Yank	M	Vegan Runners
22	52.21	Hannah	Walters	F	Tavistock Run Project
23	52.23	Ben	Pitfield	M	Bad Boy Running
24	52.48	Doug	Dale	M	Exmouth Harriers AAC
25	53.21	Naomi	Shaw	F	South West Road Runners
26	53.38	Ian	Lamerton	M	South West Veterans AC
27	53.41	Martin	Prew	M	
28	54.13	Adam	Pettitt	M	
29	54.13	Katy	George	F	
30	54.19	Enda	Corry	M	
31	55.03	Bon	Rymel	M	Teignbridge Trotters
32	55.17	Alex	Tipper	F	
33	55.17	Fi	Devon	F	
34	55.35	Iain	McGregor	M	
35	55.38	Warren	Johnson	M	Maverick Runners
36	55.44	Maurice	Raymont	M	BVR
37	55.56	Peter	McAughey	M	Launceston Road Runners
38	56.09	Ben	Reed	M	South Devon Athletic Club
39	56.19	Heath	Williamson	M	
40	56.23	Tim	Sleath	M	Bovey Valley Runners
41	56.29	Imogen	Yeoman	F	
42	56.36	Suzy	Paul	F	
43	57.12	Paul	Riley	M	
44	57.34	Alice	Robinson	F	
45	57.38	Ruth	Addison	F	
46	57.52	Alice	Chew	F	Bovey Valley Runners
47	58.04	Colin	Palmer	M	Storm Plymouth

48	58.57	Bob	Small	M	Teignbridge Trotters
49	59.21	Rob	Pollard	M	Bovey Valley Runners
50	59.23	Dominic	Parnell	M	
51	59.28	Michael	Sene	M	
52	59.28	Stuart	Gloyn	M	Dawlish Coasters
53	59.32	Paul	Ford	M	
54	60.1	Paul	Barter	M	South West Road Runners
55	60.26	Hania	Lee	F	Maverick Runners
56	60.33	Ruth	Johnson	F	Teignbridge Trotters
57	60.34	Keith	George	M	
58	60.48	Ashley	Lenczuk	M	
59	61.15	Kate	Charlick	F	
60	61.19	Kate	Bairstow	F	
61	61.25	Stephen	Miller-Ratcliffe	M	
62	61.37	Robert	Faulkner	M	Teignbridge Trotters
63	61.51	Mark	Vanstone	M	
64	61.54	Alice	Harvey	F	
65	61.57	Graham	Cox	M	Maverick Runners
66	62.11	Hollie	Rees	F	
67	62.22	Kathy	Seymour	F	Lonely Goat Athletics Club
68	62.31	Georgie	Farr	F	Storm Plymouth
69	62.45	Finbar	Redmond	M	Plymouth Harriers
70	62.48	Steven	Badcott	M	
71	62.51	Tanya	Alexander	F	Holbeton Harriers
72	63.07	Claire	Mills	F	
73	63.36	David	Harrison	M	
74	63.4	Giles	Staines	M	
75	63.42	Becky	Mitchell	F	Trail Running Association
76	63.44	Dawn	Lamerton	F	Plymstock Road Runners
77	64.01	Christine	Conway	F	
78	64.07	Mandi	ROBSON	F	Fit2Run
79	64.26	Paul	Hughes	M	
80	64.49	Becky	George	F	Torbay Tri Club
81	64.53	Chuck	Hardy	M	
82	65	Tamsin	Cook	M	Teignbridge Trotters
83	65.11	Debbie	Chew	F	Bovey valley runners
84	65.51	Liz	Wilson	F	Greenbow
85	65.56	Debbie	Drake	F	Torbay AAC
86	66	Ed	Hounsell	M	Teignbridge Trotters
87	66.01	Irene	Hewings	F	Torbay AAC
88	66.11	Soo	Owens	F	Barrie Baydogs
89	66.17	Andrew	Lay	M	
90	66.5	Trystan	Warrington	M	The Gribbiners
91	67.09	Lee	Vanstone	M	Witney Road Runners
92	67.14	Jane	Morey	F	Brixham Harriers
93	67.25	Michelle	Annetts	F	
94	67.34	Sue	Tremlett	F	Teignbridge Trotters
95	67.44	Jane	Wardle	F	
96	67.51	Robbie	Taylor	M	Bow
97	67.57	Will	Brandon	M	

98	68.04	Paul	Sutton	M	
99	68.11	Sue	Brown	F	Teignbridge Trotters
100	68.32	Lucy	Halford	F	
101	68.33	Kelly	Lawson	F	Greenbow running club
102	68.5	Emily	Levey	F	
103	68.52	David	Dunn	M	Teignbridge Trotters
104	68.53	Matthew	Dunn	M	
105	68.55	Peter	Hendy-Ibbs	M	Plymouth Coastal Runners
106	69	Mark	Wotton	M	Teignbridge Trotters
107	69.05	Heather	Lockwood	F	
108	69.08	Michael	Toms	M	Just Jog
109	69.23	Maddie	Lewis	F	Just Jog Bideford
110	69.23	Kirsten	Bowie	F	Just Jog - Bideford
111	69.42	kate	goord	F	
112	69.42	Linda	Harvey	F	
113	69.43	Kate	Solomon	F	Hyde Park Harriers
114	70.01	Anita	Carpenter	F	South Devon AC
115	70.02	Justine	Sutton	F	Fit 2 Run
116	70.02	Paul	Bartlett	M	
117	71.04	Julie	Jackson	F	
118	71.07	Yvonne	Robinson	F	South Devon AC
119	71.17	Melanie	Cassells	F	
120	71.2	Claire	Channing	F	South West Road Runners
121	71.49	Tracey	Roberts	F	Riviera Racers
122	71.58	Catherine	McGregor	F	Ocean city running club
123	72	Sean	Brown	M	Kpr
124	72	Tracy	Bond	F	
125	72.07	Helen	Moffatt	F	Running Forever Running Club
126	72.09	Alison	Richards	F	Fit 2 Run
127	72.11	Emma	Thomas	F	Fit 2 Run
128	72.21	Deb	Smith	F	
129	72.23	shannon	bays	F	Plymouth Coasters
130	72.31	Maddie	Maishman	F	
131	72.33	David	Vigg	M	Holbeton Harriers
132	72.52	Helen	Catherall	F	South Dartmoor Ladies
133	73.33	Shaun	Webber	M	
134	73.49	Nathan	Dixon	M	
135	73.51	Matthew	Neale	M	
136	74.13	Simon	Verrall	M	
137	74.17	Sally	Rowe	F	
138	74.23	Karen	Wills	F	
139	74.28	Andy	Hall	M	Lonely Goat Athletics Club
140	74.28	Zoe	West	F	Lonely Goat Athletics Club
141	74.39	Linda	Diggines	F	Dawlish Coasters
142	75.06	Robyn	Hugo	F	
143	75.25	Tanya	Gillett	F	Just jog bideford
144	75.34	Jesse	Gillett	M	Just jog bideford
145	75.45	Suzie	Mills	F	Teignbridge Trotters
146	75.47	Verity	Hookway	F	Torrington AAC
147	75.51	Nicola	Morris	F	Just Jog Bideford

148	75.58	Neil	Jordain	M	
149	76.02	Alison	Hydon	F	Bovey Valley Runners
150	76.19	Amelia	Frankpitt	F	Sidmouth Running Club
151	76.19	Terry	Bewes	M	Sidmouth Running Club
152	76.4	Helen	Flint	F	Fit 2 Run
153	77	Felicity	Davies	F	Torbay AAC
154	77.05	Jenny	Symons	F	Just Jog Bideford
155	77.53	Melanie	Hooper	F	Bovey Valley Runners
156	77.57	Sarah	Clarke	F	
157	78	Michelle	Gilson	F	
158	78	Kelvin	Peard	M	Honiton Running Club
159	78.09	Sonia	Stevens	F	Kpr
160	78.11	Phil	Davey	M	Greenbow Running Club
161	78.2	Tracy	Small	F	Bovey Valley Runners
162	78.3	Caroline	Taplin	F	
163	78.42	Phillippa	Goodwin	F	Bovey Valley Runners
164	78.44	Kelly	Spence	F	
165	78.56	Laura	Barron	F	
166	78.57	Jennifer	Loomes	F	
167	79.03	Tracey	Cassidy	F	Women on the Run
168	79.16	Heidi	Miller-Ratcliffe	F	
169	79.18	Lesley	Ford	F	
170	79.2	Michele	Sandhu	F	Torbay AAC
171	79.39	Gemma	Lindley	F	
172	79.39	James	Wills	M	
173	80.11	Naoko	McKinnon	F	Torbay Tri
174	80.11	Tracy	Downs	F	
175	80.17	Paul	Martin	M	
176	80.2	Susan	Heywood	F	Riviera racers
177	80.37	Kirstie	Breslan	F	
178	80.37	Lucy	Breslan	F	Trainer talk
179	80.39	Esther	Wiseman	F	Fit 2 Run
180	80.56	Jonathan	Vincent	M	Just Jog - Bideford
181	81.06	Rebecca	French	F	
182	81.54	Andrew	Park	M	
183	82.15	Rebecca	Iddon	F	
184	82.15	Jill	Bishop	F	South Dartmoor Ladies
185	82.21	Kate	Stone	F	
186	82.43	Martin	Sterry	M	Greenbow Running Club
187	82.5	Sam	Ingram	F	RBR
188	83	David	Cubberley	M	South Devon AC
189	83.07	Kim	Parish	F	Wells City Harriers
190	84.02	Rebecca	Page	F	
191	84.22	Jane	Martin	F	
192	84.27	Anita	Harrison	F	
193	84.33	Denise	Greenslade	F	
194	84.51	Louise	Bartlett	F	
195	85.1	Naomi	Wright	F	
196	86.14	Felicity	King	F	Fit 2 Run
197	86.25	Jessica	Acton	F	

198	86.58	Maggie	Ryan	F	
199	87.02	Jackie	Fitton	F	Bovey Valley Runners
200	87.06	Unknown	Unknown	F	
201	87.13	Andy	Distin	M	Teignbrige trotters
202	87.2	Natalie	Stone	F	Lonely Goat Athletics Club
203	87.22	Charlotte	Allen	F	
204	87.25	Jenny	Hardy	F	Bovey Valley Runners
205	87.54	Jennie	Hartley	F	
206	87.59	Paul	Mitchell	M	Riviera racers
207	88.16	Pip	Morley	F	
208	88.39	Nici	Strevens	F	Dartmouth AAC
209	88.4	Ali	McGrigor	F	Dartmouth AAC
210	89.1	christopher	adcock	M	Dawlish Coasters
211	89.2	Melanie	Goslin	F	Dawlish Coasters
212	89.21	HEIDI	LUKE	F	Dawlish Coasters
213	89.27	Samantha	Charlton	F	Crediton Running Network
214	89.39	Rachel	Garlick	F	Storm Plymouth
215	90.01	Marion	Braund	F	Crediton Running Network
216	90.13	Chrissie	Randall	F	Heavitree Running Club
217	90.43	Wendy	Elford	F	
218	91.07	Hattie	Mann	F	
219	91.07	Clare	Everitt	F	Lonely Goat Athletics Club
220	91.1	Jane	Whitcombe	F	Lonely Goat Athletics Club
221	91.1	???			
222	91.15	Michelle	Garrett-Martin	F	
223	91.17	Kate	Lawlor-Smith	F	Just Jog Bideford
224	91.27	Shona	Bristow	F	
225	91.27	Lucy	Sellers	F	
226	91.37	Charlotte	Crouch	F	
227	92.44	Tracey	Anders	F	Fit 2 Run
228	93.37	Susan	Banham	F	Teign Valley Running Club
229	93.53	Sean	Davey	M	Storm Plymouth
230	93.54	Rebecca	Villar	F	
231	93.58	Lou	Wivell	F	Just Jog Bideford
232	95.17	Charlotte	Ott	F	
233	95.34	Rob	Main	M	
234	95.52	Amanda	King	F	RBR club
235	98.03	Zilpah	Walton	F	Teignbridge Trotters
236	98.59	Kevin	Partridge	M	Heavitree Running Club
237	100.5	VERITY	LAMERTON	F	Just Jog Bideford
238	100.5	Holly	Angell	F	
239	100.5	Lynn	jones	F	Plymouth Musketeers Running Club
240	104.57	Laura	Wallace	F	Just Jog
241	111.46	Ros	Vincent	F	Women on the Run
242	111.46	Sue	Davey	F	
243	115.02	Susie	Viles	F	The Gribbiners
244	115.4	Kathryn	Smith	F	Just Jog Bideford
245	115.55	Lisa	Clarke	F	