

## Summer Trails

10.30am

## 10K Results

Place	Name		Club	Time
1	Daragh	Poynter		47.41
2	Pete	Waumsley	Team H Running Club	48.56
3	Neal	stammers	Tri-hards	53.43
4	Gary	Venn		57.37
5	Nick	Brazier		57.59
6	Gareth	Davies		59.33
7	James	Beamish		1.00.24
8	Kevin	Palmer	Tri-hards	1.00.30
9	Natalie	Harris		1.00.31
10	Mark	Newson	Honiton Running Club	1.00.50
11	Rachel	Elford	Lytchett Manor Striders	1.01.39
12	Andy	Harris		1.02.09
13	Marc	Alderman		1.03.50
14	simon	bunday	Dawlish coasters	1.05.21
15	David	Harrison		1.05.45
16	andrew	harvey		1.05.53
17	Philip	Norden		1.07.32
18	Janice	Newson	Honiton Running Club	1.08.52
19	chris	gregory		1.09.10
20	Steve	Miller-Ratcliffe		1.10.04
21	Derek	Blackburn	Sidmouth Running Club	1.12.18
22	Jodie	Foster		1.13.55
23	Chrissy	Rugg		1.14.11
24	Gemma	Lindley		1.14.20
25	Emma	Alderman		1.15.24
26	Jenny	Rudge		1.15.29
27	Michelle	Annetts		1.15.31
28	Michael	Goodwin		1.15.35
29	Tamsin	Cook		1.17.02
30	Heidi	Miller-Ratcliffe		1.19.35
31	Mark	Wotton	Teignbridge trotters	1.19.44
32	Zoe	Drake	Be Fit 4 Life	1.23.19
33	Janine	Knight	Tri-hards	1.24.37
34	Jason	Knight	Tri-hards	1.24.38
35	Anita	Harrison		1.24.40
36	Jill	French		1.24.48
37	Natalie	stone	Lonely goat running club	1.24.50
38	Nici	Strevens	Dartmouth AAC	1.27.05
39	Ali	McGrigor	Dartmouth AAC	1.27.06
40	Gill	EFish	Lonely Goat	1.27.55
41	Louise	Mackley	Minster Milers	1.28.33
42	Emma	Biswas	Minster Milers	1.28.34
43	Jackie	Devoy	Tri-hards	1.38.17
44	Heidi	Channing	Tri Hards	1.38.17
45	Alex	Hill	Took A wrong Turn	56.39