

Shiver Me Timbers

2023 Results

Place	Number	Name		Sex	Running Club	Time
1	194	Jamie	Watson	M		01:26:29
2	18	Jacob	bolton	M		01:28:25
3	192	Jessica	Watkins	F		01:28:31
4	44	Ellie	Dominey	F	Axe Valley Runners	01:29:57
5	77	Steven	Hill	M	Plymouth Harriers	01:30:55
6	196	Pete	Waumsley	M	South West Veterans AC	01:31:54
7	150	Julian	Ridgley	M	Town and Country Harriers	01:35:20
8	132	Joanne	Page	F	Okehampton RC	01:40:08
9	129	James	Nicholls	M		01:40:22
10	6	Alan	Ashford	M		01:41:45
11	187	Robin	Tyler	M		01:43:10
12	23	edward	buckingham	M		01:43:50
13	106	Tom	MacTaggart	M		01:45:35
14	21	Martyn	Breslan	M	Torbay AAC	01:46:21
15	51	Ian	Finch	M		01:47:58
16	55	Paul	Frissen	M	Torbay AAC	01:49:45
17	22	Matt	Brown	M		01:50:12
18	153	Jamie	Rochester	M		01:50:48
19	74	Kate	Heaton	F	Teignbridge Trotters	01:51:02
20	98	Hannah	Lapka	F	South West Road Runners	01:53:24
21	48	Ben	Epps	M	Haldon Trail Runners	01:54:49
22	152	Tracey	Roberts	F	Riviera Racers	01:55:23
23	110	Peter	Marr	M		01:55:38
24	100	Victoria	Latham	F	Bovey Valley Runners	01:58:14
25	13	Claire	Barclay	F		01:58:37
26	25	simon	bunday	M	Haldon Trail Runners	01:58:39
27	162	Craig	Searle	M		01:58:49
28	105	Louise	Lowry	F	Mendip TRC	01:59:02
29	143	Nick	Presdee	M	Mendip TRC	01:59:05
30	95	Karen	King	F	Okehampton RC	02:00:14
31	54	Claire	French	F		02:00:23
32	130	Chris	O'Neill	M		02:00:23
33	71	Ruth	Harris	F		02:00:32
34	32	Rich	Cleave	M		02:01:27
35	188	Jeremy	Walters	M		02:01:30
36	27	Charlotte	Buscombe	F		02:01:33
37	174	Claire	Sorensen	F	Exmouth Harriers AAC	02:01:33
38	82	Anna	Holmes	F		02:02:51
39	92	michael	killen	M		02:04:18
40	208	Susan	Lyle	F	Brixham Harriers	02:04:22
41	190	Carl	Ward	M	Taunton AC	02:04:37
42	2	Tanya	Alexander	F	Holbeton Harriers	02:05:06
43	121	Peter	Moore	M		02:05:31
44	200	Susan	Willoughby	F		02:05:56
45	154	Leah	Rogers	F	Exeter Triathlon Club	02:05:56
46	117	Laura	Middleton smith	F		02:08:04
47	39	Alison	Davidson	F	Lonely Goat Athletics Club	02:08:08

48	59	Julie	Gilbert	F		02:08:08
49	202	Zoe	Woodbridge	F		02:08:56
50	161	Clare	Scotton	F		02:09:28
51	80	Peter	Hollingsworth	M		02:09:28
52	168	Leon	Sloman	M		02:10:51
53	52	Neil	Fitzgerald	M		02:11:05
54	145	Gavin	Priest	M		02:11:32
55	36	Frank	Cotterell	M		02:11:33
56	86	Laura	Jackson	F	Washlands Women Runners	02:12:35
57	126	Clare	Muxlow	F	Lonely Goat Athletics Club	02:12:45
58	40	Jo	Davis	F		02:13:24
59	197	Jessica	Wewer	F		02:13:28
60	138	Andy	Philippou	M	Torbay AAC	02:13:56
61	186	Sarah	Tippett	F	Run Venture RC	02:14:49
62	146	Stuart	Queen	M	Run Venture RC	02:14:49
63	34	Sharon	Cockman	F	Exmouth Running Belles	02:14:59
64	191	Trystan	Warrington	M		02:15:26
65	118	Jane	Miles	F		02:15:35
66	57	Tracey	Garland	F	Storm Plymouth	02:15:35
67	33	Fiona	Coates	F		02:16:37
68	84	Shaun	Hurrell	M		02:16:37
69	107	Christie	Madge	F		02:18:31
70	119	Bryan	Mills	M		02:19:05
71	17	Hayley	Bignell	F	Fit 2 Run	02:20:20
72	184	Suzi	Thompson	F		02:20:20
73	189	Mandy	Ward	F	Honiton RC	02:20:52
74	10	Robert	Baker	M		02:20:52
75	89	Peter	Jones	M		02:20:58
76	102	Valerie maria	Lecompte	F		02:20:58
77	87	Warren	Johnson	M	Maverick Runners	02:21:51
78	88	Lisa	Johnson-Flemming	F	Maverick Runners	02:21:51
79	73	Emily	Hazeldine	F		02:22:58
80	28	Karla	Cable	F		02:23:16
81	120	Hayley	Milne	F		02:24:08
82	15	Mandy	Barnes	F		02:24:23
83	4	Helen	Ambler	F		02:24:30
84	195	Louise	Watts	F	Exmouth Running Belles	02:24:31
85	114	Amanda	McCann	F	Exmouth Harriers AAC	02:24:31
86	20	Will	Brandon	M	Vegan Runners UK	02:24:33
87	122	Sally	Moore	F		02:24:33
88	96	Scott	Lakin	M		02:24:36
89	85	Karen	Jackson	F	Washlands Women Runners	02:24:36
90	166	Jen	Shepherd	F	Lonely Goat Athletics Club	02:24:40
91	101	Rachel	Lawrence	F		02:24:41
92	30	Mike	Cable	M		02:24:45
93	83	Lorraine	Horne	F	Exmouth Running Belles	02:24:56
94	159	Penny	Rye	F	Exmouth Running Belles	02:24:56
95	75	Irene	Hewings	F	Torbay AAC	02:25:02
96	199	Paul	Williams	M	Vegan Runners UK	02:26:57
97	169	Aileen	Smith	F		02:27:38

98	181	Georgina	Symons	F	St Austell Athletes RC	02:27:58
99	90	Merlin	Keating	M	St Austell Athletes RC	02:27:58
100	163	Shaz	Sharples	F	Teignbridge Trotters	02:28:06
101	164	Paul	Sharples	M	Teignbridge Trotters	02:28:06
102	149	Lorna	Richards	F		02:28:10
103	61	Rachel	Glassco	F		02:28:24
104	45	Anna	Dunn	F	Women on the Run	02:28:27
105	131	Karen	O'brien	F	Team Caterpillar	02:28:30
106	69	Joe	Harling	M		02:28:59
107	93	Stacey	Killian	F		02:29:15
108	72	Sarah	Hazeldine	F		02:29:15
109	139	Charlotte	Philippou	F	Torbay AAC	02:29:44
110	201	Dave	Wills	M		02:30:23
111	205	Jay	Wyatt	M	Motley Crew Running	02:30:52
112	68	Katherine	Hamilton	F		02:31:08
113	24	Julie	Buckley	F		02:31:08
114	173	Tracy	Snowden	F		02:31:32
115	193	Sarah	Watkins	F		02:31:43
116	172	Claire	Snowden	F		02:31:43
117	62	Lucy	Gooding	F	Okehampton RC	02:31:43
118	204	Mark	Wotton	M	Teignbridge Trotters	02:31:49
119	170	Clare	Smith	F		02:31:49
120	147	Lisa-Marie	Radcliffe	F		02:31:58
121	42	Linda	Diggines	F	Dawlish Coasters	02:32:53
122	157	Jenny	Rudge	F		02:33:34
123	5	Michelle	Annetts	F		02:33:41
124	124	Tracy	Moss	F		02:35:47
125	185	Lee	Timberlake	M	Lonely Goat Athletics Club	02:35:47
126	206	Helen	Prescott	F	Running Forever	02:37:46
127	64	Melanie	Goslin	F	Dawlish Coasters	02:38:17
128	125	Katie	Mowll	F	Dawlish Coasters	02:38:19
129	207	Rob	Murr	M	Running Forever	02:38:58
130	43	Sherri	Dingle	F	Running Forever RC	02:39:07
131	19	Helene	Bond	F		02:39:18
132	12	Lynda	Banbury	F		02:39:18
133	183	Jacky	Theedom	F		02:39:29
134	26	Corin	Burton	M		02:39:53
135	29	Keith	Cable	M		02:45:22
136	58	Louise	Garrity	F		02:48:15
137	135	Lydia	Perry	F		02:48:15
138	136	Michelle	Perry	F		02:48:15
139	158	Karl	Runciman	M	Riviera Racers	02:52:02
140	50	Dana	Eyre	F	Plymouth Musketeers RC	02:54:47
141	35	Sophia	Costas	F		02:54:47
142	49	Sally	Evans	F		02:55:44
143	70	Sarah	Harper	F		02:55:44
144	81	teresa	holmes	F		02:56:48
145	14	Claire	Barlow	F	Bodmin Road Runners	02:57:35
146	151	TINA	RIGGALL	F		03:03:57
147	37	Donna	Courtney	F		03:04:28

148	142	Jo	Prentice	F		03:04:29
149	60	Katherine	Gilmour	F		03:04:31
150	137	Quinn	Philippa	F		03:04:32
151	113	Steve	Mcanulla	M		03:04:33
152	99	Zoe	Larder	F	FORDY RUNS	03:06:02
153	140	Linda	Philippou	F		03:07:14
154	56	Karen	Frissen	F	Torbay AAC	03:07:14
155	67	Helen	Grist	F		03:07:33
156	53	Jason	Forristal	M	Lonely Goat Athletics Club	03:17:28
157	156	Kristy	Rowe	F	Lonely Goat Athletics Club	03:17:28
158	141	Grace	Phillips	F		03:23:40
159	97	Becky	Langman	F		03:23:40
160	11	Alice	Ball	F		03:23:47
161	103	Nathaniel	Legall	M		03:26:44
162	104	Gavin	Li	M		03:26:46
163	91	Olivia	Killen	F	Honiton RC	03:34:17
164	47	Donna	Edwards	F		03:34:19
165	175	miranda	spencer-payne	F		03:34:20
166	76	Demelza	Higginson	F		03:34:21
167	108	Tricia	Mann	F		03:35:38
168	109	David	Mann	M		03:35:38
169	171	Samantha	Smith	F		03:41:28
170	176	Wayne	Sprague	M		03:41:34
171	165	Helen	Shaw	F	Warrington Running Club	03:42:23
172	9	Charlotte	Bacon	F		03:48:21
173	31	Emma	Capon	F		03:48:23
174	127	Steve	Neal	M		03:56:16
175	123	Sarah	Moore	F		03:56:19
176	38	Mel	Cox	F		03:56:19
177	178	Robyn	Steel	F		03:58:50
178	177	Deborah	Steel	F		03:59:02
179	180	Paula	Swanson	F		04:01:23
180	133	Karen	Partridge	F		04:01:23
181	16	Heather	Berry	F		04:01:26
182	46	Marie	Dunphy	F		04:01:27
183	144	Hannah	Prideaux	F		04:01:46
184	111	Natalie	Marsh	F		04:01:46
185	79	Lisa	Holdsworth	F		04:01:48
186	1	Heather	Abraham	F		04:01:48
Sweeper		Amy	Robson			
Sweeper		Sue	Tremlett			