

Starcross Shuffle 2023

Results

Name	Sex	Running Club	Time
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7 Laps Ultra ++

Damian	Fletcher	M	07:10:34
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6 Laps Ultra +

David	Friskin	M	Plymouth Musketeers RC	06:22:41
Jodie	Lee	F		06:25:30
James	Davis	M		06:39:37
Mel	Holyoak	F		06:47:57
Mike	Peck	M		07:09:05

5 Laps Ultra

Daniel	Selman	M	Petts Wood Runners	05:35:09
Gemma	Banks	F		05:47:54
Sam	Worth	M		05:57:52
Kayleigh	Robinson	F		06:12:30
Katy	Lampard	F		06:14:32
Karl	Schultze	M	South West Road Runners	06:18:50
Edward	Cox	M		06:38:16
Cory	Schultze	M		06:42:27

4 Laps Marathon

Chris	Ridler	M	03:16:26	
Kris	Ward	M	Teignbridge Trotters	03:26:56
Jack	Caulfield	M		03:34:59
David	Jackson	M	Dorset Doddlers Running Club	03:47:58
Roger	Hayes	M	Teignbridge Trotters	03:49:29
Richard	Pedrick	M	Vegan Runners UK	03:56:24
Lauren	Mellows	F		03:57:17
Barnaby	Stroud-Turp	M		04:16:59
James	Taylor	M	Lytchett Manor Striders	04:17:15
Derek	Skinner	M	Teignbridge Trotters	04:24:54
ANNA LOUISE	CAMPBELL	F		04:26:36
Nicky	Washbrook	F		04:30:49
Jake	Heath	M	Honiton Running Club	04:31:57
Alison	Little	F	100 Marathon Club	04:32:10
Adam	Mulligan	M		04:38:07
Luke	Margrie	M		04:40:37
Harriet	Lyons	F	Exmouth Harriers AAC	04:42:04
Matt	Giles	M		04:45:54
Nathanael	Selman	M	Stroud & District AC	04:47:01
Denise	Sanders	F		04:48:00
Katrina	Smale	F		04:48:00
Paul	Sprake	M	Greenbow Running Club	04:50:02
Alexander	Spencer	M		04:50:56
Tony	Harbron	M		04:56:32
Shaz	Sharples	F	Teignbridge Trotters	04:58:39

Paul	Sharples	M	Teignbridge Trotters	04:58:40
Helen	Boiling	F	Budleigh Runners	04:59:39
David	Fletcher	M		05:00:19
David	Bird	M	100 Marathon Club	05:07:42
Paul	Davis	M		05:18:13
Karen	Bumby	F	South Devon AC	05:21:39
Steve	Hookins	M	Torbay Tri	05:21:39
Kat	Rowe	F		05:21:39
Carl	Clifton	M		05:30:09
Diane	Abraham	F	Lonely Goat Athletics Club	05:36:44
Hayley	Loneragan	F	Lonely Goat Athletics Club	05:36:44
Wendy	Dale	F	Ilfracombe Running Club	05:36:53
Rosie	Smith	F		05:39:20
Peter	Hall	M	Running Forever RC	05:41:01

3 Laps

Alistair	Bisatt	M	Running Forever RC	02:33:48
Charles	Edmonds	M	Dawlish Coasters	02:38:37
Iaen	Sell	M	Torbay AAC	03:00:50
Nigel	Barnett	M	Teignbridge Trotters	03:03:30
Paul	Parmenter	M	Running Forever RC	03:11:00
Anthony	Hamblett	M		03:16:20
Beverley	Collins	F	Running Forever RC	03:22:18
Melissa	Butcher	F		03:29:44
Adrian	Walters	M		03:33:38
Sarah	THorne	F		03:40:18
James	Lowndes	M		03:41:50
Liz	Househam	F	Plymstock Road Runners	03:44:43
Georgie	Ryan	F		04:04:38
Daisy	Cleaver	F		04:11:33
Christine	Palmer	F		04:29:01
Kelly	Greatorex	F		04:43:03
Alastair	Brown	M		05:06:06

2 Laps Half Marathon

Jon	Pressling	M	Torbay Tri	01:25:35
Nick	Robinson	M	Torbay AAC	01:46:22
Kevin	Palmer	M	Exmouth Running Club	01:48:44
Dan	Devlin	M		01:51:05
Christopher	Pugh	M		01:52:35
Kate	Williamson	F	Teignbridge Trotters	02:01:50
Geoff	Fraser	M		02:06:34
Johanna	Foden	F		02:07:20
Cassandra	Harrison	F	Torbay Tri	02:11:40
Michael	Turk	M	Running Forever Running Club	02:18:00
Samantha	Galvin	F		02:18:38
Karla	Cable	F	Dawlish Coasters	02:23:13
Jill	Bishop	F	Bovey Valley Runners	02:28:28
Becky	Saxton	F		02:30:24
Laura	Greenhill	F		02:37:45

Lindsey	Davies	F		02:41:04
Sarah	Harper	F		02:41:04
Aslihan	Almila	F		02:49:49
teresa	holmes	F	Teignbridge Trotters	02:51:51
Darren	Petch	M	Teignbridge Trotters	03:09:46
SSgt Dan	Cope	M		03:26:47

1 Lap Long 10k

Jess	Riches	F		00:53:48
Nicki	Kerswill	F		00:55:14
Valerie	Worthington	F		00:56:36
Harry	Hayes	M		00:56:58
Andi	Darbey	F		00:57:40
Kate	Foley	F		00:57:47
Emma	Green	F		00:59:24
Paul	Hughes	M		00:59:32
Helen	Brenton	F		01:02:16
Greg	Chambers	M		01:03:57
Marie	Darbey	F		01:05:19
Louise	Mackley	F	Running Forever Running Club	01:07:21
Sara	Bates	F		01:11:52
erin	smith	F		01:12:42
Christine	Mitchell	F		01:17:59
Michael	Darke	M		01:22:57
Andrew	Park	M	Torbay AC	01:23:20
Irene	Hewings	F	Torbay AAC	01:23:31
Catherine	Newell	F	Lonely Goat Athletics Club	01:26:02
Helena	Thorp	F		01:26:35
Sally	Harper	F	North Devon Road Runners	01:29:50
Grace	Harper	F	North Devon Road Runners	01:29:50
Louise	Cook	F		01:33:26
Julie	Gibbons	F		01:48:29
Naomi	Darke	F	CDF Runners	02:16:55
Steve	Neal	M	Storm Plymouth	03:30:20

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