



Paul	Sharples	M	Teignbridge Trotters	04:58:40
Helen	Boiling	F	Budleigh Runners	04:59:39
David	Fletcher	M		05:00:19
David	Bird	M	100 Marathon Club	05:07:42
Paul	Davis	M		05:18:13
Karen	Bumby	F	South Devon AC	05:21:39
Steve	Hookins	M	Torbay Tri	05:21:39
Kat	Rowe	F		05:21:39
Carl	Clifton	M		05:30:09
Diane	Abraham	F	Lonely Goat Athletics Club	05:36:44
Hayley	Loneragan	F	Lonely Goat Athletics Club	05:36:44
Wendy	Dale	F	Ilfracombe Running Club	05:36:53
Rosie	Smith	F		05:39:20
Peter	Hall	M	Running Forever RC	05:41:01

### 3 Laps

Alistair	Bisatt	M	Running Forever RC	02:33:48
Charles	Edmonds	M	Dawlish Coasters	02:38:37
Iaen	Sell	M	Torbay AAC	03:00:50
Nigel	Barnett	M	Teignbridge Trotters	03:03:30
Paul	Parmenter	M	Running Forever RC	03:11:00
Anthony	Hamblett	M		03:16:20
Beverley	Collins	F	Running Forever RC	03:22:18
Melissa	Butcher	F		03:29:44
Adrian	Walters	M		03:33:38
Sarah	THorne	F		03:40:18
James	Lowndes	M		03:41:50
Liz	Househam	F	Plymstock Road Runners	03:44:43
Georgie	Ryan	F		04:04:38
Daisy	Cleaver	F		04:11:33
Christine	Palmer	F		04:29:01
Kelly	Greatorex	F		04:43:03
Alastair	Brown	M		05:06:06

### 2 Laps Half Marathon

Jon	Pressling	M	Torbay Tri	01:25:35
Nick	Robinson	M	Torbay AAC	01:46:22
Kevin	Palmer	M	Exmouth Running Club	01:48:44
Dan	Devlin	M		01:51:05
Christopher	Pugh	M		01:52:35
Michael	Turk	M	Running Forever Running Club	02:00:18
Kate	Williamson	F	Teignbridge Trotters	02:01:50
Geoff	Fraser	M		02:06:34
Johanna	Foden	F		02:07:20
Cassandra	Harrison	F	Torbay Tri	02:11:40

Samantha	Galvin	F		02:18:38
Karla	Cable	F	Dawlish Coasters	02:23:13
Jill	Bishop	F	Bovey Valley Runners	02:28:28
Becky	Saxton	F		02:30:24

Laura	Greenhill	F		<b>02:37:45</b>
Lindsey	Davies	F		<b>02:41:04</b>
Sarah	Harper	F		<b>02:41:04</b>
Aslihan	Almila	F		<b>02:49:49</b>
teresa	holmes	F	Teignbridge Trotters	<b>02:51:51</b>
Darren	Petch	M	Teignbridge Trotters	<b>03:09:46</b>
SSgt Dan	Cope	M		<b>03:26:47</b>

**1 Lap**

**Long 10k**

Jess	Riches	F		<b>00:53:48</b>
Nicki	Kerswill	F		<b>00:55:14</b>
Valerie	Worthington	F		<b>00:56:36</b>
Harry	Hayes	M		<b>00:56:58</b>
Andi	Darbey	F		<b>00:57:40</b>
Kate	Foley	F		<b>00:57:47</b>
Emma	Green	F		<b>00:59:24</b>
Paul	Hughes	M		<b>00:59:32</b>
Helen	Brenton	F		<b>01:02:16</b>
Greg	Chambers	M		<b>01:03:57</b>
Marie	Darbey	F		<b>01:05:19</b>
Louise	Mackley	F	Running Forever Running Club	<b>01:07:21</b>
Sara	Bates	F		<b>01:11:52</b>
erin	smith	F		<b>01:12:42</b>
Christine	Mitchell	F		<b>01:17:59</b>
Michael	Darke	M		<b>01:22:57</b>
Andrew	Park	M	Torbay AC	<b>01:23:20</b>
Irene	Hewings	F	Torbay AAC	<b>01:23:31</b>
Catherine	Newell	F	Lonely Goat Athletics Club	<b>01:26:02</b>
Helena	Thorp	F		<b>01:26:35</b>
Sally	Harper	F	North Devon Road Runners	<b>01:29:50</b>
Grace	Harper	F	North Devon Road Runners	<b>01:29:50</b>
Louise	Cook	F		<b>01:33:26</b>
Julie	Gibbons	F		<b>01:48:29</b>
Naomi	Darke	F	CDF Runners	<b>02:16:55</b>
Steve	Neal	M	Storm Plymouth	<b>03:30:20</b>



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