

10k Results

Spring 2025

Grand Canal Canter

Place	Finish Time	Forename	Surname	Cat	Club	
1	00:44:15	Peter	Marr	MV55		1st Male
2	00:46:18	Ian	Ripper	MV60	Okehampton RC	2nd Male
3	00:47:45	Tim	Kaye	MV50		3rd Male
4	00:48:43	Julia	Burns	FV55	Hayle Runners	1st Female
5	00:50:35	Simon	Richards	MV50		
6	00:53:29	Ryan	Gamblin	MV40		
7	00:54:36	Jane	Hamilton	FV45		2nd Female
8	00:55:48	Stephen	Moakes	MV45	Tiverton Harriers	
9	00:56:14	Tom	Scott	MV40		
10	00:56:41	Jessica	Hayter	SF		3rd Female
11	00:56:45	Mark	Johns	MV35		
12	00:57:29	Andy	Pitt	SM		
13	00:57:32	Laura	Simpson	FV40		
14	00:58:33	Emily	Kaye	FV45		
15	00:59:14	Lottie	Stephens-Hodge	FV50		
16	01:00:16	Karen	Richards	FV50		
17	01:01:17	Alice	Gamblin	SF		
18	01:02:07	Amy	Baker-Murray	FV40		
19	01:02:11	Amanda	Erith	FV70		
20	01:03:01	Sue	Jones	FV45		
21	01:03:14	Craig	Moore	MV50	Running Forever RC	
22	01:03:17	Richard	Stone	MV45		
23	01:03:21	Emma	Salter	FV35	Running Forever RC	
24	01:03:33	Dan	Isaac	MV40		
25	01:03:34	Fiona	Isaac	FV35		
26	01:06:25	Stacey	Jary	FV35		
27	01:06:52	Amanda	Brown	FV55	Ilfracombe Running Club	
28	01:07:19	Lynne	Budge	FV55		
29	01:07:51	Susan	Burton	FV55		
30	01:11:06	Stacey	Flay	FV55	Heavitree Running Club	
31	01:11:06	Heather	Smallridge	FV55	Heavitree Running Club	
32	01:14:34	Melanie	Lucas	FV50	Heavitree Running Club	
33	01:14:43	Kelly	Simkins	FV45	Heavitree Running Club	
34	01:16:42	Victoria	Mills-Mclachlan	FV40		
35	01:16:43	Fay	Allan	FV45		
36	01:16:45	Alice	Kimberley-Cainey	SF		
37	01:19:11	Lyn	Wonnacott	FV65	Women on the Run	
38	01:20:56	Sandy	Bousaida	FV55	Heavitree Running Club	
39	01:20:57	Tracy	Reay	FV50		
40	01:21:40	Julie	Jones	FV40	Up and Running Torbay	
41	01:21:45	Kiersty	Selvey	FV45		
42	01:27:04	Clare	Astridge	FV35		
43	01:27:05	Nicky	Johns	FV40		
44	01:41:37	Jan	Pryor	FV60		
45	01:42:09	Iona	Mulligan	FV50		