



“Wray Valley” Half Marathon – Sunday 1st June 2025

Please take a moment to read through this Event Information in full, we hope it will answer any questions you have, if you do need to contact us please email brian@windingpaths.uk

Event Information

The “Wray Valley” Half Marathon starts at 9am at Mill Marsh Park, Bovey Tracey.

Race HQ – Race HQ opens at 7.45am and closes at 8.50am

Race Numbers - Race numbers are picked up at Race HQ, make sure your race number is visible.

Cupless – All our events are cupless, you will need your own water bottle or cup to have any water or squash at the aid stations and finish.

Shoe Choice – Road Shoes all the way, the route is tarmac and hard packed gravel.

Race HQ - Race HQ will open at 7.45am, please arrive in plenty of time to register and pick up your race number. It is situated in Mill Marsh Park, Bovey Tracey, TQ13 9AL, the HQ is near the entrance to the park, opposite Station Road, Car Park.

Baggage - Sorry but there is no bag drop at this event.

Parking -The closest car park is Station Road, Car Park, Bovey Tracey, postcode is TQ13 9AL

This is a pay and display/ Ringo car park.

Toilets - **please do not wait** until the last moment to use the toilets as the 10k runners will be arriving, arrive early and use them when you arrive, one cubicle is currently closed due to recent vandalism but they are aiming to reopen in time for the event.



There is a 3hr 15 minute cut off for the event! (12.15pm)

Cut off at Turn Point is 1hr 35 mins (10.35am)

The Route – The route is an out and back on the “Wray Valley Way” route, you follow the path in the park and will go under an underpass after approx. quarter of a mile, the underpass is narrow and has a low ceiling, marshals will be here to warn you, if you are racing the event, make sure you start up front at the start line to avoid any possible congestion here.

Now you are in Parke and a marshal sends you to your right, you follow this path for approx. 1.5 miles, no turns at all, you now join a country lane section for a mile to Lustleigh, again you follow the road you are on no turns, at Lustleigh marshals will send you off the road and back onto a tarmac/hard packed gravel path, it is here the first aid station is located, approx. mile 2.8, after the aid station you now follow this pathway all the way to the second aid station at mile 5.8, you continue past the second aid station staying on the same path, until you get to the Half turn marshal at approx. mile 6.6. Here you turn and head back the way you came, passing the two aid stations, one at mile 7.5 and one at mile 10.4. PLEASE NOTE the only time you run on the road is between Parke Estate and Lustleigh, this is approx. 1 mile long and you do it each way, you do not run on the road at any other time. This 1 mile section is a quiet country lane and we will have marshals and signage warning of runners on the road.

Route Markings – There are marshals along the route at any change of direction and at the turn point, there will also be yellow arrow signs, but the main thing to remember is stay on the path you are on, unless a sign or marshal tells you differently, the route is also on the “Wray Valley Way” path and has its own signs as well.

Headphones - Headphones are NOT allowed at the Race due to our insurance, except bone conducting headphones. Please do not listen to music on the road section, even if you are wearing bone conduction headphones.

Aid Stations – All our events are cupless, you will need your own water bottle or cup to have any water or squash at the aid stations, there will also be sweet treats available.

There are two aid stations, but you will visit each one twice! Approx Distances.

Lustleigh – Mile 2.8 and Mile 10.4

Near Mortenhampstead – Mile 5.8 and Mile 7.5

First Aid - We have a professional Medical Team from Peninsula Medics in attendance at the event, please ask them for any assistance required. They will be based at Race HQ and at the Mortenhampstead Aid Station.

Results - The event will be timed and results will be published on our website and on our Facebook page as soon as possible after the event, we are aiming for Sunday Afternoon.

Awards - There awards for the top 3 finishers in Male and Female category.

Photos - We have a photographer on the route and photos will be free to download, tag and share after the event.

Recommended Kit

We are a cupless event, so carrying a soft cup, flask or bottle or wearing a hydration pack is recommended.

Road Shoes are totally fine for the event.

Don't forget at the finish as well as your medal, there is a cupcake for you to enjoy.

Best Wishes

Brian Lewis

Event Director

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