

10k Results

Summer Canal Canter 2025

Posistion	Time	Name		Club	Age Cat
1	00:38:18	James	Owen		MV40
2	00:40:39	Sean	Wonnacott		SM
3	00:40:58	Oli	Lawrence		SM
4	00:41:02	Wesley	Bean	Tiverton Harriers	MV35
5	00:41:26	Jack	Bridgeman		SM
6	00:42:37	Thomas	Owen	Bideford AAC	SM
7	00:44:43	Carl	Bennett	Teignbridge Trotters	MV50
8	00:45:10	Jon	Lamont	Bideford AAC	SM
9	00:47:09	Kevin	Clements		MV55
10	00:48:47	Gordon	Back	North Devon AC	MV60
11	00:48:52	John	Sleep	Bideford AAC	MV45
12	00:49:20	Chris	Vicary		MV55
13	00:50:22	Laura	Hedges		SF
14	00:50:46	Colin	Gigg		MV60
15	00:50:48	Victoria	Broadhurst		FV50
16	00:50:53	Ben	Carter		MV35
17	00:52:29	Ryan	Miller		MV35
18	00:53:21	Darryl	Newman	Plymouth Harriers	MV50
19	00:53:30	Jess	Gierke	Bideford AAC	FV55
20	00:54:01	Michael	Chivall		MV50
21	00:55:15	David	Cockcroft	The Yellow Army	MV70
22	00:55:44	Levi	Darch		SF
23	00:55:45	Jordan	Darch		SM
24	00:55:47	Michelle	Shuttleworth		FV45
25	00:55:50	Kelly	Summers		FV40
26	00:56:35	Jess	Grant		SF
27	00:57:24	David	Pepper		MV55
28	00:57:49	Louise	Talbot		FV35
29	00:57:55	Emma	Hague		SF
30	00:58:01	Nicky	Johns		FV40
31	00:58:02	Mark	Johns		MV40
32	00:58:03	Kala-Rae	Adams-Yarde		SF
33	00:58:37	Kieran	Miller		SM
34	00:59:00	Angela	Harrison		SF
35	00:59:03	Brianne	White		SF
36	01:01:39	Paul	Hatrey		MV55
37	01:02:14	Laura	Greenhill		FV50
38	01:02:18	Alison	Knight-Davies	Heavitree Running Club	FV40
39	01:03:52	Tina	O'Brien		FV45
40	01:04:53	Lisa	Kirkhope		FV55
41	01:06:00	Bobbie	Lambert		SF
42	01:06:00	Charlotte	Dutton		SF
43	01:06:02	Hattie	Thompson		SF
44	01:06:10	Oliver	Searle		SM
45	01:06:25	Sue	Taylor		FV65
46	01:06:39	Kathy	Murphy		SF
47	01:06:40	Kayleigh	Heesom		FV35

48	01:06:42	Paul	Searle		MV60
49	01:06:56	Ellen	Howe		SF
50	01:07:00	Heather	Murphy		SF
51	01:07:01	Kayleigh	Brooks		SF
52	01:07:02	Andy	Denison		MV35
53	01:07:19	Melanie	Follett		FV50
54	01:07:19	Melissa	Holder		FV50
55	01:07:20	Sophie	Holder		SF
56	01:07:58	Jo	Sydenham		FV50
57	01:08:35	Leah	Cooper		SF
58	01:09:08	Kevin	Raven		MV50
59	01:09:16	Amy	Ralston		SF
60	01:09:57	Jaqueline	Baggs		FV65
61	01:10:13	Hayley	Perry		FV40
62	01:10:15	Glen	Hawkins	Torbay AAC	MV60
63	01:11:11	Joanna	Gilderthorp		FV50
64	01:11:40	Sarah	Leinster		FV55
65	01:11:41	Fay	Martin		FV40
66	01:11:42	Kelly	Snell		FV40
67	01:11:52	Ali	Pring		FV60
68	01:11:57	Sarah	Wasniowski		FV50
69	01:13:11	Karen	Cole	Heavitree Running Club	FV50
70	01:13:13	SANDRA	SHEPPARD		FV70
71	01:13:17	Heather	Smallridge	Heavitree Running Club	FV55
72	01:13:21	Tony	hulland		MV50
73	01:13:47	Daniel	Bushell		SM
74	01:13:58	Kevin	Smith		MV60
75	01:14:52	Karol	Richardson		FV65
76	01:14:52	Pete	Wright		MV65
77	01:16:15	Sara	Gullick		FV45
78	01:16:43	Scott	Burnett		MV35
79	01:19:40	Catherine	Burnside		FV60
80	01:20:59	Kate	Ralston		SF
81	01:27:13	Dawn	Croft		FV45
82	01:27:29	Ros	Vincent	Women on the Run	FV60
83	01:37:12	jan	pryor		FV60