



## Welcome to the Event Information for the Grand Canal Center Marathon at Tiverton Canal Basin on Sunday 22<sup>nd</sup> March 2026

Please take a moment to read through this Event Information in full, we hope it will answer any questions you have, if you do need to contact us please email [brian@windingpaths.uk](mailto:brian@windingpaths.uk)

### Event Information

**8am Marathon** – 6hr 30 min Cut off time

**Race HQ opens at 7am** for Race Number Pick Up and closes at 7.50am

**Race Briefing at 7.50am for Marathon**

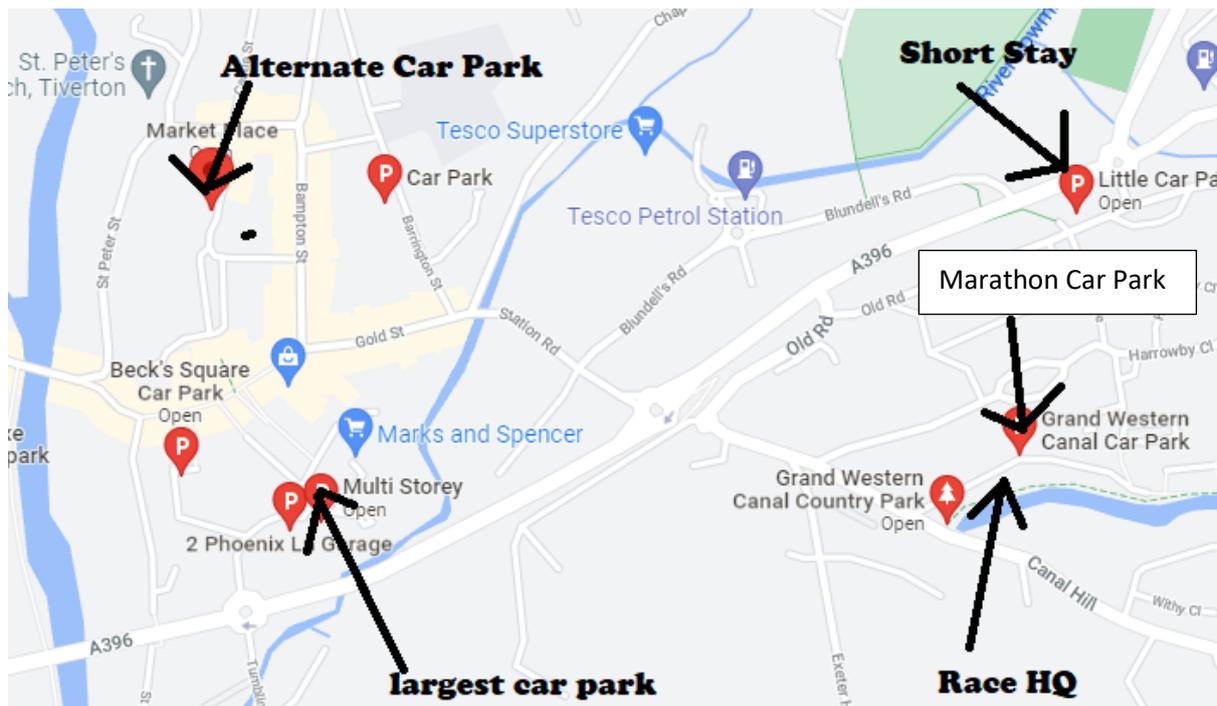
**Race Numbers** - Race numbers and safety pins will be given to you on the day at the Race HQ, please make sure your race number is visible at all times on your front or right leg, especially at the Finish Line.

**Results** - The event will be timed by a timing company and results will be published on our website and on our Facebook page as soon as possible after the event, it should be Sunday evening.

**Race HQ** -The event HQ is located at Tiverton Canal Basin, Grand Western Canal Country Park, Canal Hill, Tiverton.

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### **Race Parking**



**Important!!!** This year we are allowed to use the car park right next to Race HQ, however this is just for those doing the Marathon. **Please note** you must leave enough time to park up, as if this car park is full, it is a 10 minute walk from the next nearest car park to Race HQ.

The Other parking is just a short 10/15 minute walk from the HQ, the biggest place to park is at the Multi Storey Car Park next to the Premier Inn, EX16 5DQ.

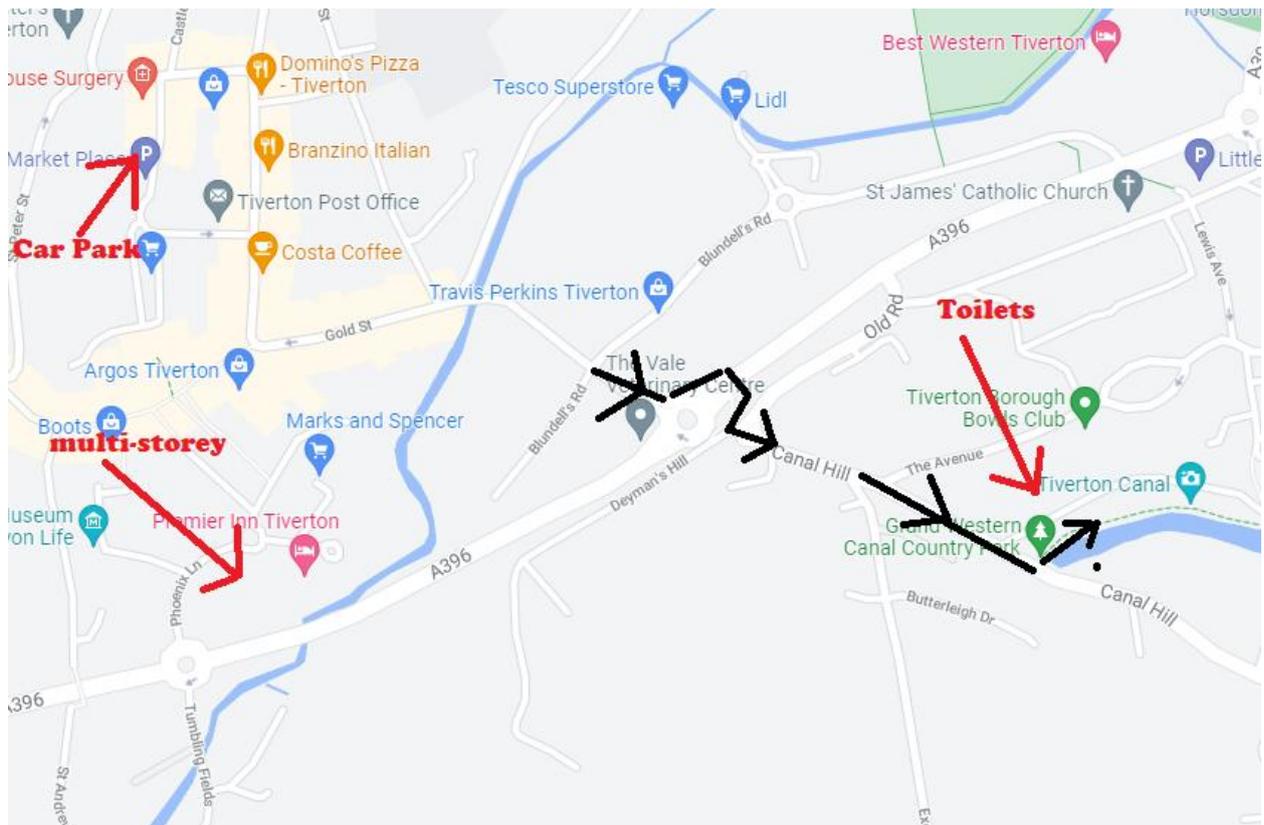
The alternate car park which has 110 spaces and also just a 10/15 minute walk away is at Market Place, EX16 6NL.

### If using the Other Car Park

The best way to walk to the HQ is via the A396, you will get to the roundabout (pictured below), you cross at the lights and then head up the zig zag slope shown, which brings you to the bottom of Canal Hill, walk up Canal hill, (it's the only hill on the event) until you see the signs for the Grand Western Canal on your left, then enter the Canal Side.



Black arrows below show the route to the HQ from Station Rd, if parking at Multi Storey you can walk the path alongside the A396, the Toilets are located below the Race HQ/Canal Basin.



**Baggage – If you are parking at the Race HQ Car Park, please leave your bag in your car**, we have limited space at Race HQ and have managed to secure the Car Park for Marathon runners, so you can access your cars straight after you have finished. This is to free up space for those having to park further away to bring a bag.

### Toilets

There is a toilet block which is near the entrance of the Car Park at the Grand Canal Car Park, you go down some steps from the Race HQ to find it.

**The “New” Marathon Route** - The route has changed from previous events, you will now do a 10k out and back to start, turning at the first aid station, there will be a marshal here to tell you to turn. You now head back to Race HQ, where just before the gazebos will be an aid station table, you will turn here, **do not run through the flags at Race HQ**, turn at the table.

You will now do a 20 mile out and back. You head back the way you initially went, this time going past the aid station, then 3.5 miles later, marshals will send you into a park, here is the next aid station, turn at the aid station and go back to the marshals, **IMPORTANT** you will turn right here on your outward leg, a marshal will put an X onto your race number, you follow the Canal path for 3 miles until you get to the next aid station, carry on past here for approx. Half a Mile where a marshal will tell you to turn, you now head back the way you came, past the aid station, back to the aid station in the park, **IMPORTANT** when you leave this time you will turn left and head back to the Finish line. **The marshals will be looking at your Race Numbers to make sure you are sent the right way, make sure they are always visible. SEE MAP AT END OF DOCUMENT**

**IMPORTANT** – There will be runners heading in both directions on the route and the route passes under 5 bridges, some of these bridges have narrow paths, so give way to the runners on their return leg, so runners heading back to Tiverton, we aim to have marshals at all the bridges to help you.

Please also always keep to the left of the path you are on at all times and do not run side by side, unless the path is clear in front and behind you, when any other runner is coming towards you or overtaking you, run in single file.

Please look out for your fellow runners on the event, if someone falls please take time to check they are ok and back on their feet and let a marshal or Race HQ know of any issues.

Please no littering on the event, we are lucky to be able to run around this gorgeous area and any littering would compromise future events in this area, littering will lead to disqualification. There will be bins at the Aid Station and Race HQ.

Please also be aware of other path users that are using the paths, you have no greater right of way than any other user. Cycling is not allowed on most of the pathway though, so other users will only be walking or running.

**Route Markings** – There are some marshals along the route, these will be at some of the bridges and at the turning points and for the Sampford Peverell Aid Station, you simply follow the canal at all times.

#### **The FINISH LINE AREA:**

**If you are on the initial 10k lap of the Marathon** when you get to the Finish Area, you go to the Aid Station table **or** if you don't want to stop, simply turn around at the Aid Station table, **DO NOT RUN THROUGH THE FLAGS!**

**When you are finishing the Marathon** you now run to the Flags to finish.

When you have finished, please keep the finish area clear so the other runners can finish and the timers can see the runners.

**Headphones** - Headphones are NOT allowed at the Race due to our insurance, except Bone Conducting headphones, BUT you must keep the volume low so you can hear other users at all times.

**Water Stop/Aid Station** – **CUPLESS EVENT** Bring your own cup or bottle

You will aid stations 8 times in total, all are approx. 3 miles apart (except near the long lap turning point, where the aid station will be passed twice within a mile)

If you are using the Aid Station, you can fill your cup or bottle using the water containers. Just to remind you bring your own cup or bottle. There will also be some sweet treats and snacks on offer.

**First Aid** - We have a professional Medical Team in attendance at the event, please ask them for any assistance required. They will be based at Race HQ and on route.

## Photos

We have a photographer on the route and photos will be free to share after the event, most likely uploaded to Facebook on the Monday.

## Shoes

Road shoes are fine for the event, it is mainly hard compacted gravel, if it has been wet before the day, there may be some puddles, the only areas that may have a tiny bit of mud are under the bridges, so extra care should be taken here as we don't want to fish anyone out of the canal.

## Race Day emergency phone number

Please put the Race Day phone number for Race HQ into your phone 07990 757395, call for any emergencies, this number is only active on Event Day.

*I look forward to seeing you on the day*

*Best Wishes*

*Brian*

[brian@windingpaths.uk](mailto:brian@windingpaths.uk)

This is the Sampford Peverell Aid Station location, marshals send you down to the Aid Station, even if you don't want to use it, please go down and turn at the aid station.

On your outward leg turn right and let the marshal put an X on your Race Number.

On your Return leg turn left and make sure the marshals can see your race number and the X on it.

Red Arrows show your outward leg

Yellow Arrows show your return leg

